



PINUS CEMBRA the Swiss Stone Pine edition

Bring the fresh scent of the woods
into your life – naturally!



**NATURE'S
DESIGN**

the Swiss Stone Pine edition



Why is the Swiss Stone Pine such a special tree?

The wood of the Swiss Stone Pine contains volatile essential oils which, when diffused into the air, have a beneficial effect on the body, mind and spirit.

With the pleasant and refreshing scent of the essential oils from the Swiss Stone Pine, breathing and relaxation are deepened, and there is even a feeling like being in the woods, in connection with the natural world. This earthy yet stimulating fragrance enhances the feelings of safety and being at home, and supports a deep, restful sleep for the body to relax and regenerate.

The Swiss Stone Pine has a fresh and woody fragrance. Its scent feels like a combination of pine, lemon, lime myrtle, vanilla and soft wood.



RECOMMENDED USES:

- BESIDE THE BED for a deep and peaceful sleep.
- IN THE LIVING ROOM for a pleasant atmosphere.
- IN THE KITCHEN where it eliminates residual smells and repels insects.
- IN THE NURSERY to support the well-being of babies and infants.
- IN THE WARDROBE, where the fragrance of the Swiss Stone Pine repels moths.
- IN THE BATHROOM.
- EVERYWHERE you want a natural source of freshness.

* Joanneum Research, Institut für Nichtinvasive Diagnostik, Weiz, Austria,
Univ.-Prof. Dr. Maximilian Moser

Queen of the Alps and Home

People living in the different regions of the Alps have recognized the beauty and usefulness of the Swiss Stone Pine tree for centuries. Traditional wisdom surrounding this tree points to its beneficial effects on relaxation, sleep and recovery, and for these reasons it has been used to make room ceilings, beds, baby cribs and other bedroom furniture. It has been called the "Queen of the Alps."

In modern times, scientific studies* have confirmed these well-known beneficial effects of the Swiss Stone Pine on human participants. Now you can bring the fragrance of the Swiss Stone Pine into your home to improve the quality of your life.

A Mighty and Rare Coniferous Tree

The Swiss Stone Pine (*Pinus Cembra*) is a very ancient tree in the White Pine family. It has been growing on our planet for over 7000 years. It grows very tall and in harsh conditions. Most individuals in this species live from 200 – 400 years, and in the past it was much more widespread. Today it grows only in secluded Alpine areas.

- **MAJESTIC TREE.** It reaches up to 35m in height, and up to 1.5m in diameter.
- **AGE.** On average it grows from 200 to 400 years, and there are individual trees which are up to 1200 years old.
- **RESISTANCE.** It can survive freezing temperatures and harsh winds down to -50°C.
- **ALTITUDE.** It grows in Alpine areas from 1300m (4200ft) up to 2300m (7500ft) above sea level.
- **GROWTH.** It is mostly present in the Mont-Blanc area, Vallis, Engiadina, Tirol and South Tirol of the Central Alps range and in some places of the Carpathian Mountains.
- **BENEFITS.** The benefits of using the wood of the Swiss Stone Pine have been known for centuries, and have in our modern times been scientifically verified.



Many Swiss Stone Pine trees are only cut because of natural forces like avalanches, lightning and wind. Every year a sustainable harvest of trees is determined by local forest authorities. Even though it is not an endangered species, intentional harvesting is controlled to maintain the natural preservation balance of this rare species.



1



QUALITY SLEEP

Scientific research has shown that the Swiss Stone Pine essential oil has a beneficial effect on sleep: study participants who used this fragrance during periods of sleep fell asleep quicker and woke up feeling more rested.

"The Swiss Stone Pine improves the quality of sleep – we fall asleep quicker, and sleep better."*

We sleep one third of our life.

Good-quality sleep is of crucial importance for our health, well-being and our ability to work more successfully.

The World Health Organization (WHO) lists sleep disorders as one of the major health challenges of the next 50 years.

Five reasons to use the Swiss Stone Pine

2



MORE RELAXED HEART

Our heart is a non-stop working machine from our birth to our death. Actually it does not have any time to relax. But with the products from the Swiss Stone Pine, we can give a little rest to our heart.

**The fragrance of the Swiss Stone Pine slows our heart rate down.
It saves up to 3,500 beats per day,* which means that our heart may rest one hour per day. Thus, our heart rests by as much as 15 days in a year.**

3



HEALTHY LUNGS

Antiseptic Swiss Stone Pine essential oils clean the air we breathe and fill it with the natural fragrance of the Swiss Stone Pine. The vapours penetrate deep into the lungs, and breathing becomes easier and deeper. It can be helpful with breathing problems, it can soothe the symptoms of a cold and flu, smoker's cough and sinus infections.

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MADE IN EUROPE
We support domestic economy and quality that is why all our Pinus Cembra products are made in the alpine region of central Europe.



WELL-BEING

It reduces the effects of stress and anxiety, and thus improves our mood and well-being.* Maybe this is why some of the oldest European pubs have been furnished with Swiss Stone Pine.



PLEASANT HOME

The Swiss Stone Pine brings the beautiful, natural fragrance of the woods inside and helps to eliminate stale food odors. This pleasant fragrance repels insects and moths, and fills your home with fresh, revitalizing energy.

Pinus Cembra family

PINUS CEMBRA – AIR

Fragrance Pine 9

Fragrance Globe 9

Fragrance Pine XL 9

Diffuser 12

Spray 15

PINUS CEMBRA – WATER

Pitcher Cadus (1l) 17

Pitcher Cadus with gemstones (1l) 17

Carafe Alladin (1.3l) 17

Carafe Beauty with a tap (5l) 17

Carafe Universe with a tap (10l) 17

Enjoy the divine aroma
with its beneficial
effects

PINUS CEMBRA – AIR

- Fragrance Pine
- Fragrance Globe
- Fragrance Pine XL
- Diffuser
- Spray



Pinus Cembra Fragrance

The vaporizers made from Swiss Stone Pine wood fit beautifully into every room.

The aroma of the Swiss Stone Pine essential oil brings nature into your home, having a soothing, relaxing effect and giving you strength and energy. It is especially recommended in case of a cold or respiratory problems. Swiss Stone Pine essential oil neutralizes odours in the room (kitchen odours, cigarette smoke, etc.) and contributes to a better atmosphere.



CONTENTS OF THE PACKAGE:








Swiss Stone Pine
Fragrance wood



Swiss Stone Pine shavings



Natural Swiss Stone Pine
essential oil (10ml)

PRODUCT		PRODUCT NO.
	Pinus Cembra Fragrance Pine hight: 10,5 cm, diameter: 8,5 cm * including essential oil (10ml) + shavings	9120
	Pinus Cembra Fragrance Globe hight: 9 cm, diameter: 9 cm * including essential oil (10ml) + shavings	9130
	Pinus Cembra Fragrance Pine XL hight: 21,5 cm, diameter: 17,5 cm * including essential oil (20ml) + shavings	9140
	Pinus Cembra Fragrance Refill Swiss Stone Pine essential oil (10ml) + Swiss Stone Pine shavings	9170
	Pinus Cembra Fragrance Refill Swiss Stone Pine essential oil (10ml)	9173



USE

Put the attached shavings of the Swiss Stone Pine into the vaporizer hole, and pour 5-10 drops of the Swiss Stone Pine essential oil on them.**



HEALTH BENEFITS

Swiss Stone Pine essential oil has been proven to reduce the heart rate, thus contributing to a better rest.***

* Including: Swiss Stone Pine essential oil + Swiss Stone Pine shavings

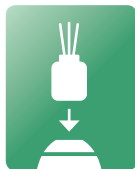
** The essential oil bottle can be purchased separately; the package also includes shavings.

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Pinus Cembra Diffuser

The health-friendly room diffuser serves as a decoration in your home, giving it a nice scent. Due to the high quality of the liquid, its rich aroma develops and fills the area. The diffuser is most useful in rooms where you move the most as the air nicely moves and spreads the aroma around the house. The smell of the forest will embrace you every time you go past it.



USE

Insert the sticks into the bottle with the liquid and place the bottle into the diffuser container made of Swiss Stone Pine wood.

When you run out of fluid, you can re-buy a bottle with the mixture.



QUALITY

Our scent mixture is of high quality. Place 7 or less reed sticks into the scent liquid to ensure a pleasant aroma in the room.





CONTENTS OF THE PACKAGE (sufficient for 7–8 weeks):



Swiss Stone Pine wood diffuser

Reed sticks (7)

Bottle with liquid and Swiss Stone Pine essential oil (150ml)

PRODUCT		PRODUCT NO.
	Pinus Cembra Diffuser incl. 150ml fragrance and 7 reed sticks	9150
	Pinus Cembra Diffuser Refill (150ml) sufficient for 7–8 weeks	9180



PINUS
CEMBRA

Raumspray
mit natürlichem reinem
Zedern-/Arvenöl

Spray d'ambiance
de parfum naturel de
pin arctie / pin cembra

Roomspray
with natural,
pure Swiss Stone Pine oil



NATURE'S
DESIGN

Pinus Cembra Spray

The Swiss Stone Pine essential oil spray immediately brings freshness into your home. Wherever you use it, it will give a pleasant scent and take you to the mountains. It is highly recommended in situations of stress, so keep it in your handbag or in your office. Close your eyes, press the sprayer and take a deep breath of forest freshness. Swiss Stone Pine essential oil will calm you down and relax you. The liquid is completely natural and contains only Swiss Stone Pine essential oils and pure alcohol.




USE

By pressing the sprayer, you will detect the sweet fragrance of Swiss Stone Pine trees. The more times you press it, the more pleasant it smells.



FRESHNESS EVERYWHERE

Use the spray on the move. In your car, in the hotel-room etc. as it provides a completely natural fragrance to the close environment.

PRODUCT		PRODUCT NO.
	Pinus Cembra Spray (200ml)	9160

Spray with a fragrant
blend of Pinus Cembra



PINUS CEMBRA – WATER

- Pitcher Cadus (1l)
- Pitcher Cadus with gemstones (1l)
- Carafe Alladin (1.3l)
- Carafe Beauty (5l)
- Carafe Universe (10l)

Vital water enriched
with energy and
a Swiss Stone Pine
aroma



Pinus Cembra Alladin, Cadus, Beauty & Universe

A new water experience because you taste nature with every sip.

Healthy and completely natural alternative to flavoured water.

The wooden cap from Swiss Stone Pine wood contains a valuable essential oil which scents and enriches the flavour of the water in the carafe.



PRODUCT		PRODUCT NO.	VOLUME	FLOWER OF LIFE
 + 	Pinus Cembra Cadus	8949	1l	 white
 + 	Pinus Cembra Cadus gemstones	8919	1l	-
 + 	Pinus Cembra Alladin	7119	1.3l	 gold
 + 	Pinus Cembra Beauty	7419	5l	 platinum
 + 	Pinus Cembra Universe	7319	10l	 platinum



NATURAL AROMA

The aroma of Swiss Stone Pine is most evident at room temperature.



USE

Pour water into the carafe. The water revitalizes after three minutes. After half an hour, the water has a delicate aroma and taste of Swiss Stone Pine, which get stronger after one hour.

SIZES

There are four sizes of carafes available:

- Pitcher Cadus (1l),
- Carafe Alladin (1.3l),
- Carafe Beauty with a tap (5l),
- Carafe Universe with a tap (10l).

VITAL WATER

Water from the carafe is vital, full of natural energy, enriched with the symbol of the flower of life and seasoned with the natural Swiss Stone Pine aroma.



your distributor:

www.natures-design.com

DISCLAIMER

These statements have not been evaluated by the FDA.

The Nature's Design products that are described and referred to herein are not intended to diagnose, treat, prevent or cure any disease or illness. The use of these products are free of any promises for increased wellbeing, and depend solely on the responsible self-action of the person using them.



Swiss Stone Pine essential oil, diffuser and spray
are made in Switzerland,
all other products are made in Europe.

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